



LA *Dolce* VITA SPA

Take care
of your body.
It's the only
place you
have to live

Hotel Bezzi



LA *Dolce* VITA SPA

*A hidden slice of heaven where relax and serenity are
the essence of your experience.*

*Turkish bath, Finnish sauna, infrared sauna, Jacuzzi,
Tropical & Arctic shower, Relax room and Serenity Zone
are the highlights of a wide choice of wellness packages
and massages.*

*The Dolce Vita Spa is reserved for our hotel guests only
and it's open daily. You also have the possibility to have
a private use of the area.*

SPA PROGRAM





Classic

FINNISH SAUNA, TURKISH BATH, INFRARED RAYS SAUNA,
TROPICAL AND ARTIC SHOWER,
RELAX ZONE WITH PERSONA SEAT , HERB-TEA

Our wellness program in shared space can accommodate at most 5 persons, to ensure safety, health and relax.

SHORT SPA
€ 10 PER PERSON

*Entry 60 min.
(except Jacuzzi)*

MEDIUM SPA
€ 15 PER PERSON

*Entry 90 min.
(except Jacuzzi)*

LONG SPA
€ 20 PER PERSON

*Entry 120 min.
(except Jacuzzi)*



Classic + Jacuzzi

FINNISH SAUNA, TURKISH BATH, INFRARED RAYS SAUNA,
TROPICAL AND ARTIC SHOWER, JACUZZI,
RELAX ZONE WITH PERSONA SEAT , HERB-TEA

*Package with use of the jacuzzi before or after the spa program.
Our Jacuzzi tub can accommodate at most 2 persons, and it's in a
separate room from the wellness area. At each use is cleaned, the water
is changed and then customized with your favourite essence.*

60' SPA
+
30' JACUZZI
€ 20

spa 60 min.
+
30 min. jacuzzi

90' SPA
+
30' JACUZZI
€ 25

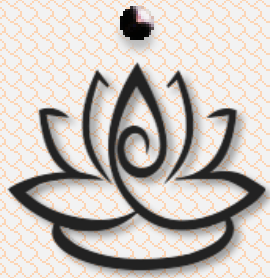
spa 90 min.
+
30 min. jacuzzi

120' SPA
+
30' JACUZZI
€ 30

spa 120 min.
+
30 min. jacuzzi

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Jacuzzi

Our Jacuzzi tub can accommodate at most 2 persons, and it's in a separate room from the wellness area. At each use is cleaned, the water is changed and then customized with your favourite essence.

EASY JACUZZI
€ 20

Hydromassage 30 min.

SWEET JACUZZI
€ 50

*Hydromassage 45 min.
Ferrari Maximum 375 ml
Strawberries*

PRIVATE SPA





Private Spa

FINNISH SAUNA, TURKISH BATH, INFRARED RAYS SAUNA,
TROPICAL AND ARTIC SHOWER,
RELAX ZONE WITH PERSONA SEAT , HERB-TEA, JACUZZI

Private use of the whole wellness area and jacuzzi tube. Available also after dinner

YOU & ME € 100

120 min. private spa
Fruit
Chocolate pralines
Ferrari Maximum 375
ml
(max 2 persons)

SPA & FRIENDS

3 PERSONS € 120
4 PERSONS € 135
5 PERSONS € 145
6 PERSONS € 155

120 min. private spa
Fruit
Chocolate pralines
Ferrari Maximum 750
ml

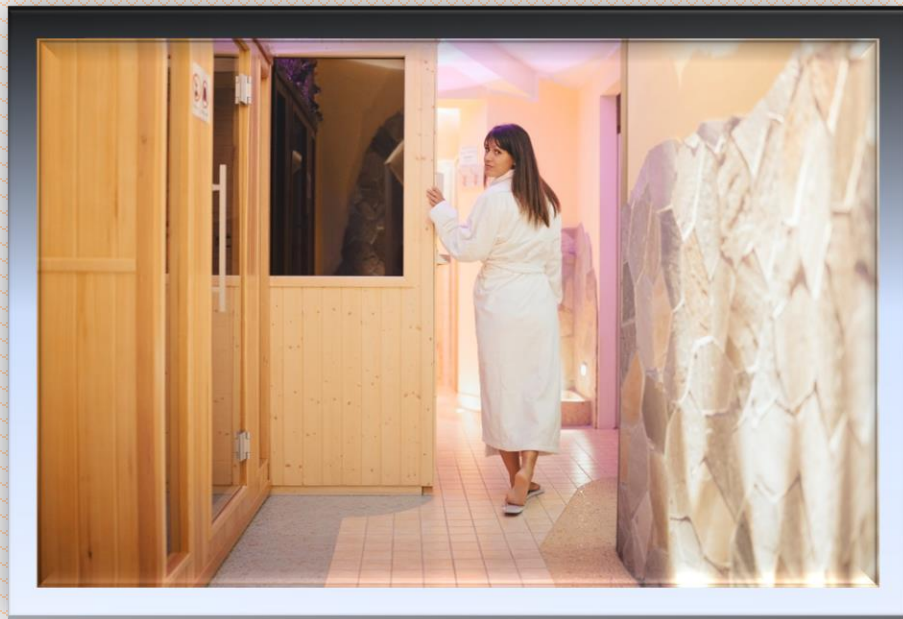
FAMILY SPA

3 PERSONS € 100
4 PERSONS € 115
5 PERSONS € 125
6 PERSONS € 135

120 min. private spa
Fruit
Chocolate pralines
Apple Juice



Spa Etiquette



Please make your reservation at the reception of the hotel.

Rates include use of bathrobe, towel and slippers (provided at the reception during your booking or directly in your room in the morning). Please leave your kit-spa in your room after the use. In case of new entry you will get a new one.

The use of the swimsuit is not allowed inside saunas and steam-bath. Its use is a free choice in the rest of the wellness area.

Kids are only allowed when purchasing a Private Family Spa package.

Hot and cold herb-tea and water are available at the entrance.

Please, be on time. In case you are late we will postpone your treatment only if it's possible or we will reduce your treatment or if necessary cancelled.

Last minute cancellations will be fully charged.

4 REASONS WHY SAUNAS SHOULD BE USED WITHOUT SWIMSUIT



Without swimsuit heat radiation can penetrate deep into your skin, which is important for the beneficial effect of the sauna.

If exposed to high temperatures, synthetic swimsuit may release toxins or other harmful substances.

The sweat would accumulate in the swimsuit, preventing evaporation and thus also the cooling of your body. This would hinder the desired effect of the sauna.

Sweating into synthetic swimsuit wouldn't be a good feeling. Unpleasant smells may arise and bacteria may be collected and/or transmitted through the cloth may occur.



MASSAGGE

LEGS MASSAGE WITH ALPIN ARNICA OIL

30 min. € 35

Traditional ointment of the alpine areas, the arnica oil has great regenerating properties for tired and ached legs, especially after intense sporting activity. Combined with a decontracting massage will help you find relief and get back into shape.



BACK MASSAGE WITH HERBAL STAMPS

45 min. € 50

Suitable for those who want to relax and regenerate back, shoulders and neck. In the first phase the muscles are dissolved using warm stamps stuffed with medicinal herbs, that massaging pressures on the whole affected area. After it a manual massage with warm oil of alpine herbs.

NECK AND SHOULDER MASSAGE

30 min. € 35

Dedicated to all those who suffer from rigidity and pain at the top of the back, neck and shoulder. An energetic massage will help you to relieve the soreness and you will find again your natural looseness.



HOT-STONE MASSAGE

total body 60 min. € 60

total body 90 min. € 85

The movements, performed with hot volcanic stones and natural oil, promote the vasodilatation and it helps to relax the body and producing a better blood circulation. As this technique acts in depth, it will bring benefits also on the nervous system and on your mood.

CANDLE RELAXING MASSAGE

60 min. € 65 / 90 min. € 90
(total body)

A candle made with vegetable butters and oils is used as a lubricant in this treatment. The mixture is melted and gradually poured out on the body and then spread. The heat and softness of the casting makes the massage even sweeter and more relaxing and helps the muscles to stretch more quickly and the skin to receive more hydration.



SPORTING MASSAGE WITH MOUNTAIN OILS

legs + back 40 min. € 40
total body 60 min. € 55

*Excellent anti-fatigue solution for those who had a rich day of outdoor sports and need a quick and pleasant remise en forme. The massage is performed using a mix of mountain herbs oil.
(legs + back 40 min. / total body 60 min.)*

SERENTIY MASSAGE
legs + back 40 min. € 40
total body 60 min. € 55 / 90 min. € 85

Choose your favorite essence to add to almond oil and leave any thought behind. A pleasant relaxing massage will be a care for body and mind. Give yourself a moment of serenity wrapped in music, lights and shadows.



DISTENSIVE HEAD AND FACE MASSAGE
25 min. € 25

*The face is our calling card and the mirror of our state of mind.
As many as 36 muscles bear the stress of our thoughts and therefore deserve
refreshment.*

This massage helps you to rest better and relieve tension by giving you new energy



Massage Etiquette

We kindly ask you to arrive 5 minutes before your booked time, without wearing jewelry.

Please inform our massager about problems and diseases.

Please, be on time. In case you are late we will postpone your treatment only if it's possible or we will reduce your treatment or if necessary cancelled.

Last minute cancellations will be fully charged

TREATMENTS & RITUALS





Treatments

PURIFYNG SCRUB

45 min. € 30

*Dedicated to all those who want a softer and deeper skin.
The operator applies a salt scrub having citrus Mediterranean aroma on the whole body, leaving it to act for 15 minutes. After a shower , enjoy a light massage with moisturizing orange lotion and some minutes of rest drinking an herbal tea.*

REVITALIZING SAUNA & PEELING

90 min. € 55

Treatment indicated to those who after a day of outdoor activities need to refresh and relax the muscles. The therapy begins with a session in a Finnish sauna that will help to open the pores of the skin and make the peeling even more effective. After it, in the emotional shower, you will enjoy the cold mist and the tropical rain to moisten the skin and reactivate the microcirculation. The operator will massage all over the body a mixture of natural salt, alpine arnica and rosemary. The salt has a purifying and exfoliating action, the arnica helps the muscles to decongest and relax and the rosemary to give them energy and to relieve ache. This blend will be left on your body for 15 minutes and after a hot shower will be applied a moisturizing lotion with mountain herbs. The treatment ends with an herbal tea and rest.

MOISTURISING, SOOTHING AND ANTI-AGEING FACIAL TREATMENT

45 min. € 60

Suitable for those who need to soothe and moisturise the skin after exposure to cold or sun. The treatment begins with the application of a mask soaked in mallow extract, damask rose water and low molecular weight hyaluronic acid. These valuable components offer a soothing and antioxidant action and are all of natural and organic origin. After a 10 minute application, the face is massaged in for 15 minutes to complete absorption of the solution and to provide relaxation. The skin is then gently cleansed with lukewarm water. To finish, a soothing lotion is applied with vegetable ingredients such as rice starch, calendula, horse chestnut, cranberry, shea butter and sweet almond oil.

You will be given the remaining lotion to continue the treatment in the following days.



Rituals

RIVITALISING RITUAL

1 h. € 40

15 min. Steam bath with rosemary peeling to relax and refresh the muscles, 15 min. rest, 30 min. leg massage with rosemary oil.

RIVITALISING RITUAL PLUS

1,5 h. € 60

15 min. Steam bath with rosemary peeling to relax and refresh the muscles, 15 min. rest, 60 min. massage with rosemary oil.

REPAIR RITUAL

1 h.

€ 40

15 min. Infrared sauna with padded salt pillow to alleviate pain, 15 min. rest, 30 min. neck and shoulder massage with lavender oil

REPAIR RITUAL

1 h.

€ 40

15 min. Infrared sauna with padded salt pillow to alleviate pain, 15 min. rest, 45 min. back, neck and shoulder massage with herbal stamps

SPORT RITUAL

1 h.

€ 40

15 min. Finnish sauna to warm up the muscles, 15 min. rest, 30 min. Alpine arnica leg massage.

SPORT RITUAL

PLUS

1,5 h. € 60

15 min. Finnish sauna to warm up the muscles, 15 min. rest, 60 min. Alpine arnica massage.

TRANQUILLITY RITUAL

125 min. € 70

75 min. Spa (except Jacuzzi) and Total body Relaxing massage 50 min.

ALPIN RITUAL

140 min. € 80

70 min. Spa 20 min. Jacuzzi with alpin essence and total body massage with mountain herbs oil 50 min.

INFINITY RITUAL

4 h. € 115

60 min spa Jacuzzi 20 min. spa di 60 min and total body massage 90 min.